

Welcome to Northwest VEG

We sponsor a variety of social activities, including monthly potlucks with chef demos or guest speakers, restaurant dine-outs and happy hours, holiday celebrations; plus educational programs on vegan cooking, nutrition, health, environmental and animal welfare issues via our VEG 101, Master VEG, and Family programs. Please sign up for our free e-newsletter at nwveg.org, and check out our Viva La Vegan Meet-up too!

Join Northwest VEG

Northwest VEG outreach provides information to the greater community about the benefits of a healthy, sustainable, and compassionate lifestyle. Help us bring awareness of the powerful impact of our food choices, as well as supporting our social and educational programs, by becoming a member. Please check your choice of membership level, and write in your choice of magazine, if adding that option:

Ⓢ \$25: Individual Ⓢ \$50: Steward
Ⓢ \$35: Family Ⓢ \$100: Sustainer

For an additional \$15, receive a discount subscription to one of 3 magazine options: **Vegan Health and Fitness**, **VegNews**, or a digital version of **Driftwood!**

Ⓢ\$15 for _____ Magazine

\$_____ Total

Name 1: _____

Name 2: _____

Street: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email 1: _____

Email 2: _____

NW VEG is a tax-deductible 501(c)(3) non-profit.

Join online at nwveg.org/join, or mail a check made out to NW VEG to our Treasurer and send to:

Linda Sant'Angelo c/o Northwest VEG
24305 NE Elkhorn Rd.
Brush Prairie, WA 98606

RESTAURANTS

Unless noted, all locations are in Portland

- 10% = Northwest VEG members receive a 10% discount
- ** = please support Northwest VEG Business Members!

VEGAN (no meat, fish, eggs, dairy or other animal ingredients)

Absolutely Juicy 10% *gf*

75 SE 103rd Ave., 360.513.6154, closed Sun.
Amazing fresh juices and cleanses with delivery options
Aviv

1125 SE Division St, 503.206.6280
Israeli & Middle Eastern favorites

Back to Eden Bakery Cafe *gf*

2215 NE Alberta, 503.477.5022

Brunch, lunch, dinner, local spirits

Back to Eden Dessert Bar *gf*

2217 NE Alberta St.

Back to Eden Bakery (food cart) *gf*

SE 28th Place and Division (food cart)

Black Water Brewing

835 NE Broadway St., 503.281.043
Vegan brewpub with extensive pub food menu

Blossoming Lotus (raw foods friendly) *gf*

1713 NE 15th Ave., 503.228.0048

Organic world fusion cuisine and drinks

Bye and Bye *gf*

1011 NE Alberta St., 503.281.0537

Bar with big menu including sandwiches and plates

Canteen *gf*

2816 SE Stark St., 503.922.1858

11 S. State St., Lake Oswego, 503.479.7167

Juices and smoothies plus organic bowls and salads

Devin's Dive PDX (food cart and beer garden) *gf*

1112 SE Tacoma St., devinsdivepdx.com

BBQ tempeh & other sandwiches, soups & salads

Doe Donuts

8201 SE Powell, facebook.com/doedonuts

Earth Burgers (food cart) *gf*

2880 SE Division, 503.737.8007, closed Mon.-Wed.

World-themed vegan burgers & sauces

Epif Restaurant & Pisco Lounge

404 NE 28th Ave., 971.254

South American inspired food & cocktails; fine dining

Essential Juices and Smoothies (food cart) *gf*

1122 SE Tacoma, 503.776.8817

Whole meal smoothies, juices, hot drinks

Farm Spirit

1414 SE Morrison, farmspiritpdx.com, Wed.-Sat.

Nine to twelve course tasting menu, by reservation only

Fatsquatch PDX (food cart)

3423 SE Belmont, facebook.com/Fatsquatch-PDX
Soul, southern & stoner fusion

Greenleaf Juicing Company *gf*

4 locations: see greenleafjuice.com

Organic juices, smoothies, soup blends, and granola parfaits

Harvest at the Bindery *gf*

3101 NE Sandy, 503.894.9172, closed Mon.

Seasonal PNW from root to tip; dinner & weekend brunches

Herbivoro *gf*

970 SE Madison St., 503.233.8557

Oil-free Hispanic fare; whole foods, generous portions

Homegrown Smokehouse & Deli *gf*

8638 N. Lombard Ave., 971.330.0324 (July opening)

MacNoCheese, meatloaf, slaw, & all things BBQ

Homegrown Smoker (food cart) *gf*

4233 N. Mississippi, 503.277.3823

Ichiza Kitchen *gf*

1628 SW Jefferson St, 503.702.8374

Asian slowfood: small plates, noodle & rice bowls, tea

Jet Black Coffee Co.

11150 NE Weidler, 503.889.0739, open daily

Water Ave Coffee and baked goods from Sweetpea and Gem.

Killingsworth Dynasty *gf*

832 N. Killingsworth, 503.234.5683

Bar, comfort food with Venezuelan soul, arts scene

La Vida Veggie (raw foods friendly!) *gf*

4925 SW Angel St., Suite 110, Beaverton

Organic Latin-inspired vegan cuisine; Sunday brunch, catering

Living Well Bistro (raw foods friendly!) *gf*

10000 SE Main St., Adventist East Pavilion

261.4422, closed Sat.; breakfast, pizzas, bowls, wraps

**Loving Hut 10%

1239 SW Jefferson St., 503.248.6715

Various Asian dishes: curries, soups, salads, desserts

Native Bowl (food cart) *gf*

Mississippi & Skidmore, 503.330.7616

Fusion style rice bowls

Native Foods

7237 SW Bridgeport Rd., 11am-10pm daily

California chain serving up bowls, nachos, and more

Next Level Burger *gf*

4121 SE Hawthorne Blvd., 503.719.758

11 S. State St, Lake Oswego, 503.272.8768

Burgers, hot dogs, fries, salads, shakes, & beer

No Bones Beach Club PDX *gf*

3928 N Mississippi Ave., nobonespdx.com

Expansive menu, cocktails, and weekend DJ brunches

Papa G's Vegan Organic Deli (raw food friendly!) *gf*

2314 SE Division St., 503.235.0244

Soup, salad bar, biscuits and gravy; catering available

Pixie Retreat (Raw foods) *gf*

2432 NW 11th, mostly grab-and-go, Wed.-Sun.

1670 SE 3rd Ave., takeout only, 971.302.7128

Plantwiches (food cart) *gf*

11124 NE Halsey, 503.760.8897

Fabulous sandwiches, tucked away at the back of a parking lot

Pure Simple Juice (raw foods friendly) *gf*

1620 SE 3rd Ave., puresimplejuice.com, Mon.-Fri.

Juice bar, snacks, soups, salads, tonics

Rabbits Cafe *gf*

111 SW 5th Ave. (in Big Pink), Mon.-Fri.

7am-3pm for fabulous breakfasts & lunch

Sip *gf*

~ SE 21st & SE Tibbets (food cart) at People's Co-op

~ 2210 NE Alberta St. (juice bar) 503.680.5639

Organic juices, wheatgrass shots, green smoothies, shakes

Southern Fried Vegan (food cart) *gf*

625 NE Killingsworth)

Vegan Soul Food, pub food, & beverages

Sushi Love (food cart) *gf*

1112 SE Tacoma, (facebook.com/sushilovepdx)

Fully vegan and gluten-free menu; Tues.-Sat., 11:30am-7pm

**Sweet Lemon Vegan Bistro

4888 NW Bethany Blvd., closed Sun.

Asian noodle and rice dishes, faux meats, wraps, sandwiches

Sweetpea Baking Company *gf*

1205 SE Stark St.

Full bakery & espresso, sandwiches, soups, bagels

The Sudra *gf*

2333 NE Glisan St., 971.302.6002

8777 N Lombard St., 971.386.5138

Indian-inspired menu with a full bar, HH: 4-7pm Mon.-Fri.

The Sweet Hereafter *gf*

3326 SE Belmont St.; hereafterpdx.com

Full bar and vegan menu: Buffalo sandwich, salads, bowls

Veggie Grill *gf*

~ 3435 SW Cedar Hills Blvd., Beaverton

~ 508 SW Taylor St., Portland

Comfort food: burgers, fries, salads, soups, desserts and more

Virtuous Pie

1126 SE Division, 503.334.2073

Ultra fancy pizzas, ice cream, and weekend brunch

Vtopia Cheese Shop & Deli

1628 SW Jefferson, 971.271.7656

vegan cheeses; soup, sandwich and salad menu

Yuan Su

11140 SE Powell Blvd, 477.5775, 11am – 9pm

Chinese and American Food, closed Sundays

VEGETARIAN (no meat or fish)

Best Friend (food cart) raw food friendly! *gf*

1121 SE Division St., 503.254.6448

Juices, smoothies, hot drinks and snacks

Bombay Chaat House (food cart)

SW 12th & Yamhill, 503.380.3087, closed Sun.

Bula Kava House *gf*

3115 SE Division St., 503.477.7823, open daily

Kava & juice bar, smoothies, acai bowls, snacks, and kombucha

Carioca Bowls *gf*

827 NE Alberta St., 971.339.2969, open 7 days

Brazilian style acai bowls, smoothies and other drinks

Chatpata Chaat Café & India Direct Grocery

16205 NW Bethany Ct., 503.690.0499

Snack bar with tables adjoins an Indian grocery store

Chickpeadx 5% *gf*

2707 NE Sandy Blvd., 503.741.9390

Falafels made of local chickpeas, fresh herbs, and spices

D.C. Vegetarian (food cart)

SW 3rd & Stark, 503.317.4448; closed weekends

Look for their storefront opening in SE, Fall 2017

Falafel House PDX (food cart)

7316 N Lombard, 503.714.6287

Fat Kitty Falafel (food cart)

2016 SE Division St., 503.995.2724

Harlow (raw foods friendly!) *gf*

3632 SE Hawthorne Blvd., 971.255.0138

Large, all-organic menu: scrambles, smoothies, bowls

**KaTi Portland 10%, *gf*

2932 SE Division, 503.477.6059, closed Mon.

Vegetarian/vegan Thai food (no msg) with great bar drinks

King Harvest

1502 Morrison Street, 503.239.6515

Full coffee bar with its own line of hummus

Kure Juice Bar (raw foods friendly!) *gf*

Multiple locations in PDX; check kurejuicebar.com

Maruti Indian *gf*

925 SE Hawthorne Blvd, 503.236-0714

vegetarian/vegan dinners, closed Tuesdays

Namaste Bazaar

10306 NE Halsey St., 503.253.1380

Indian cuisine; vegetarian, but can be made vegan

Nectar Café *gf*

1925 NE 42nd Ave, Suite E, 971.302.6359

**Off the Griddle, 10% *gf*

6526 SE Foster Rd., 503.764.9160

Burgers, beers, mac & chz, sandwiches & brunch

Petunia's Pies and Pastries 10% *gf*

610 SW 12th Ave., 503.841.5961

Vegan (watch for honey) pastries, ice cream, coffee, cocktails

Prasad & Prasad East (raw foods friendly!) *gf*

925 NW Davis St., 503.224.3993

21 NE 12th Ave (2nd floor of Portland Rock Gym)

Shelly's Garden Burritos (food cart)

Pioneer Square: Broadway & Yamhill, closed Sat.-Sun.

Study of Sweets

159 SE 2nd Ave, Hillsboro; 503.268.1694

Candy, sweet drinks, chocolate; vegan options

Tao of Tea

3430 SE Belmont St., 503.736.0119

Charming restaurant, with their bulk tea shop next door

The Conquistador Lounge

2045 SE Belmont, 503.232.3227

Restaurant/bar with tacos, tamales, empanadas, nachos, corn cakes

The Mighty Bowl (food carts) *gf*

Vancouver, WA, call for locations, 360.602-BOWL

Uncle Tsang's Kitchen (food cart)

2231 NE Alberta St (see Facebook for info)

Chinese food, with good reviews

Van Hanh

8446 SE Division St., 503.788.0825; closed Tues.

Reasonably priced Vietnamese cuisine, faux meat options

Whole Bowl *gf*, call 503.757.BOWL

7 locations + bike delivery, thewholebowl.com

Wolf & Bear's (food carts)

Multiple locations; visit eatwolfandbear.com

Middle Eastern: sabich, falafel, salad, etc., all sauces are vegan

VEG-FRIENDLY

Al Amir

223 SW Stark St., 503.274.0010

Café Yumm *gf*, cafeyumm.com

Multiple locations in Vancouver & Oregon

Chutneys (Indian food) *gf*, 360.254.7254

3000 SE 164th Ave., Suite #100, Vancouver

Dar Salam *gf*

320 SW Alder & 2921 NE Alberta, darsalamportland.com

Departure Restaurant + Lounge *gf*

525 SW Morrison St., 503.802.5370

East Glisan Pizza *gf*

8001 NE Glisan St., daily 4pm - 12am

East Side Delicatessen

Multiple locations; see pdxdeli.com

Freshii (fast food chain); 360.718.2246

2420 Columbia House Blvd Ste. 100, Vancouver

Heathen Feral Public House

1109 Washington St., Vancouver; 360.836.5255

Laughing Planet Café *gf*

Multiple locations; laughingplanetcafe.com

Nicholas (Middle Eastern food) *gf*

23 N Main Ave. Gresham, 503.661.9846

Paradox Café *gf*

3439 SE Belmont St., 503.232.7508

Rudy's Pizza *gf*

2445 SE Powell Blvd., 503.771.8008

Sengatera Ethiopian Restaurant

3833 NE MLK Blvd., 503.288.3787

Sizzle Pie *gf*

624 E. Burnside St. & 926 W. Burnside St.

Taqueria Los Gorditos

Multiple locations; losgorditospdx.com

Thai House

250 E. Main St., Hillsboro, 747.7880

Vancouver Pizza 10%

2219 Main St., Vancouver, 360.750.1176

Vita Café 10%

3023 NE Alberta St., 335.8233

Vivi's Vietnamese Noodle House

1035 NE 25th Ave., Hillsboro, 648.2300

More NW VEG Business Members

**Armstrong Realty (20% donation to NW VEG)

elaineirish.com, 360.798.6058, in OR. & WA.

**Food Fight! Vegan Grocery 503.233.3910

1217 SE Stark St., foodfightgrocery.com.

11155 NE Halsey

**Herbivore 10% – on most, excluding sale items

1211 SE Stark St., 503.281.TOFU, herbivoreclothing.com

Bags, belts, wallets, books, T-shirts, hoodies, art, cookbooks

**Katelyn Convery Music (local songwriter)

Listen to her music at Katelynconvery.com

**Love & Plants/Plantiful Plate

Loveandplants.com; recipe website, nutrition coaching/classes and meal planning service

**Missionary Chocolates

2712 NE Glisan Street, 503.206.8439

**Olive Branch Montessori

olivebranchschool.com; Certified in home vegan Montessori program for children ages 2.5 - 6 years old.

**Portland Couples Counseling Center

503.282.8496; portlandcouples.com

**Radiant Body Thermography

radiantbodythermography.com; 503.775.1812

Medical Diagnostic Imaging Center in NW Portland

**The Cherokee Rose Inn, B & B

2924 SE Alder St., 503.477.9443, 10% –off lodging

Vegan breakfast, large rooms, quiet area, free wifi, street parking

**Upcycling Creations (classes, resource guide)

Upcyclingcreations.com - Transforming recipes to be healthier; creating functional art. Reduce, Reuse, Recycle, Upcycle

See more local veg-friendly restaurants on our website:

nwveg.org; email corrections to this list to info@nwveg.org.

August 2017

Portland Metro Area

Veg Restaurant & Resource Guide



A Northwest VEG project

We educate and encourage people to make plant-based choices for a healthy, sustainable, and compassionate world



nwveg

NWVEG.ORG

info@nwveg.org * 503.746.8344